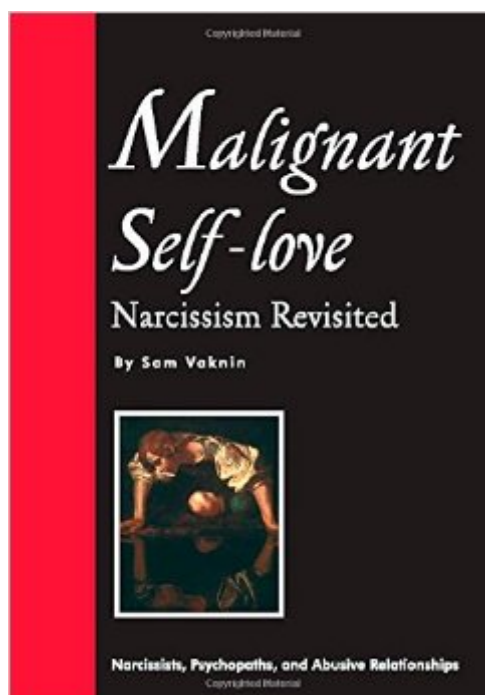


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# Malignant Self-Love: Narcissism Revisited



## Synopsis

You are not alone! Are YOU Abused? Stalked? Harassed? Victimized? Confused and Frightened? Were you brought up by a Narcissistic or Psychopathic Parent? Married to a Narcissist or a Psychopath - or Divorcing One? Afraid your children will turn out to be narcissists or psychopaths? Want to cope with this pernicious, baffling condition? OR: Are You a Narcissist or a Psychopath - or suspect that You may be one ... This book will teach you how to Cope, Survive, and Protect Your Loved Ones! "Malignant Self-love: Narcissism Revisited" is based on correspondence since 1996 with hundreds of people diagnosed with Narcissistic and Antisocial Personality Disorders (narcissists and psychopaths) and with thousands of their suffering family members, friends, therapists, and colleagues. The first ever book about narcissistic abuse, Malignant Self-love: Narcissism Revisited offers a detailed, first hand account of what it is like to have Narcissistic Personality Disorder. It contains new insights and an organized methodological framework. The first part of the book comprises more than 100 Frequently Asked Questions (FAQs) regarding relationships with abusive narcissists and the Narcissistic Personality Disorder. What is a personality disorder? When the personality is rigid to the point of being unable to change in reaction to changing circumstances - we say that it is disordered. Such a person takes behavioral, emotional, and cognitive cues exclusively from others. His inner world is, so to speak, vacated. His True Self is dilapidated and dysfunctional. Instead he has a tyrannical and delusional False Self. Such a person is incapable of loving and of living. He cannot love others because he cannot love himself. He loves his reflection, his surrogate self. And he is incapable of living because life is a struggle towards, a striving, a drive at something. In other words: life is change. He who cannot change cannot live. The narcissist is an actor in a monodrama, yet forced to remain behind the scenes. The scenes take center stage, instead. The Narcissist does not cater at all to his own needs. Contrary to his reputation, the Narcissist does not "love" himself in any true sense of the word. He feeds off other people, who hurl back at him an image that he projects to them. This is their sole function in his world: to reflect, to admire, to applaud, to detest - in a word, to assure him that he exists. Otherwise, the narcissist feels, they have no right to tax his time, energy, or emotions. The posting of Malignant Self Love - Narcissism Re-Visited on the Web has elicited a flood of excited, sad and heart rending responses, mostly from victims of Narcissists but also from people suffering from NPD. This is a true picture of the resulting correspondence with them. This book is not intended to please or to entertain. NPD is a pernicious, vile and tortuous disease, which affects not only the Narcissist. It infects and forever changes people who are in daily contact with the Narcissist. In other words: it is contagious. It is my contention that Narcissism is the mental epidemic of the twentieth century, a plague to be

fought by all means. This tome is my contribution to minimizing the damages of this disorder.

## Book Information

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## Customer Reviews

First of all, let me say that I am a bright, well educated (doctorate) woman of some age. After twenty years of living with a Narcissist (although I did not know this syndrome actually had a diagnostic name), being controlled, manipulated, lied to, deceived, cuckolded and gaslighted, I felt quite confident that 1) something was wrong and it had to be me, since he told me that constantly (WRONG), 2) i couldn't put a finger on it, but nothing ever made sense - i could not validate the experiences in this relationship by comparing it to my family - friends - other experiences with men and 3) no one could ever understand because it was such a bizarre situation. Let me tell you this, and let it be a ray of hope for all of you interested in this book. Vaknin explains this disorder so very well, and he explains the ramifications of living with it and the repercussions, that you will put this book down and scream, "EUREKA! I FOUND IT!" Any reviews that slam this book have either their basis in not having lived or dealt with someone with NPD or they are one themselves and are in denial and can't stand for someone to NAIL IT ON THE HEAD. Read the book. And then run for your life and never look back. Ever. Empowering. Engaging. The absolute truth. From someone who should know - Vaknin. Sam, if your disorder was good for only one thing, it was this - to enable you to write this book for the empowerment of those who have been destroyed by narcissists. And before I end this, lest you think I am a pessimist - I have great friends (many over a whole life, many over the last twenty years, I have wonderful children who love me, I have a good career, a nice home and a lot of other attributes.

Did you ever experience a relationship where you knew something just wasn't right but you couldn't put your finger on it? One where you knew what you were going through wasn't normal but you were being told constantly it was. Did you ever have a partner who is incapable of showing real emotion unless of course, it's about him? What about the end of a relationship? Were you ever just "unplugged" so that he could "plug" the new one right into your slot as if you never existed? Do you find yourself slowly disappearing, your interests and talents pushed aside in favor of trying to meet his needs? Do your successes bring out the worst in him? Dr. Vaknin gives an in-depth look into the mind of a narcissist. It doesn't matter that it's his own mind he is opening up for viewing. He makes it painfully clear how much alike all narcissists are though they live their lives thinking they're unique. Through the pages of "Malignant Self Love," you will come to know your narcissist intimately, in a way he would never allow on his own. You'll learn why he's the way he is but what is most important, you'll learn why he won't ever change. You'll learn that he recreates reality so that talking to him, seeking closure becomes impossible. You never existed so what is there to talk about? You could have been together two years or 20 and it doesn't make a difference to this personality disordered, soul-less creature. The most terrifying thing to learn is how completely normal they look and act, at first. It's easy to fall into their trap and getting out is nearly impossible. A narcissist can't love but he's a great actor. He knows how to suck you in, to pretend to be everything you were looking for. Once he has you, watch out because that's the end of your ride.

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